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"I am so happy I attended a retreat after many years of sadness. The Team was amazing and helped me come through my suffering to find peace, true happiness, and a renewed sense of faith."

"Going to the Retreat, I found others who had a pain and emptiness in their heart as I did longing to be healed. It let me know I was not alone. I was able to share my story for the first time and be received with such love and compassion. Together we found and learned of a loving Father who has been waiting for us to come home to Him. Not to condemn us but to welcome us back into His loving arms."

"There is a place for you here. God is strong enough to carry your burdens, your shame, your regrets, and to transform them and to transform you into the son or daughter He knows you to be. Healing has the opportunity to take root when someone takes that first courageous step of saying 'Yes, it is time.' and then step back and let God do the rest. God is simply waiting for your yes."

"I was nervous yet hopeful in doing a retreat. What I experienced was grace filled healing from a hurting heart and a secret pain that damaged my life. I left feeling mercy and love from God and a team who helped me move through heaviness to a lighter soul. I walked into a future more purposeful and centered in the love of God who knows me."

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Retreat weekend includes:

- Single Occupancy Room
- All Meals Provided
- Time for Reflection and Prayer
- Safe and Nurturing Environment
- Holy Mass and Memorial Service
 - You will have an opportunity to invite close family and/or friends to the service.
- Arrival time Friday, 1 PM

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For more information,
contact:

Toni Jester • Retreat Facilitator

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**HEALING BROKEN
HEARTS ONE
WEEKEND AT
A TIME.**

a retreat for post-abortion
healing and reconciliation

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Rachel's Vineyard retreat weekend

Who should attend ?

This retreat is open to any woman or man who is struggling with the emotional and spiritual pain of abortion. Married couples, mothers, fathers, grandparents and siblings of aborted children, as well as persons who have been involved in the abortion industry, can find peace and healing through Rachel's Vineyard. Married couples are encouraged to attend the retreat together.

Why would I need to attend?

Since abortion is usually a carefully guarded secret, many people fail to allow themselves to process their experience. Feelings are often buried and can eventually cause other problems.



Rachel's Vineyard Retreat August 27-29, 2021

The Ark and the Dove Center
10745 Babcock Boulevard
Gibsonia, PA 15044

\$175/person

What can I expect?

A chance to get away from daily pressures and to look at the painful past through a supportive and nurturing process. The time away provides an opportunity to enter the grieving process and identify all the ways abortion may have affected you. Pain and suffering are then transformed through a spiritual process using rituals, meditations, a memorial service and Mass of Resurrection. Sorrow, remorse and anger ultimately give way to peace and acceptance.

The weekend is intense and emotional but yields a fruitful harvest. The retreat team includes a retreat facilitator, a licensed therapist, a Catholic priest and others who have found healing though the retreat process.

For I know well the plan I have in one for you, says the Lord, plans for your welfare, not for woe, plans to give you a future full of hope.

Jeremiah 29:11

Rachel's Vineyard Retreat August 27-29, 2021

Registration deadline:
August 22, 2021

Full Name:

Address:

Street

City, State, Zip

Phone:

Alternate Phone:

Email:

Cost: \$175

Amount Enclosed:

All information is kept confidential

Please make check payable to Rachel's Vineyard of Pittsburgh and mail with this completed form to:

Toni Jester
PO Box 90273
Pittsburgh, PA 15224